

## Common Catholic Prayers

### Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

### Lord's Prayer (Our Father)

Our Father who art in heaven

Hallowed be thy name.

Thy kingdom come,

Thy will be done on earth

as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses

as we forgive those

who trespass against us

And lead us not into temptation, but deliver us from evil. Amen.

### Hail Mary

Hail Mary, full of grace

The Lord is with thee.

Blessed art thou among women

And blest is the fruit of thy womb, Jesus.

Holy Mary, mother of God,

Pray for us sinners, now,

And at the hour of our death. Amen

### Doxology (Glory Be)

Glory be to the Father, and to the Son and to the Holy Spirit,

as it was in the beginning, is now and ever shall be,

world without end. Amen.

### Act of Contrition

My God,

I am sorry for my sins with all my heart.

In choosing to do wrong, and failing to do good,

I have sinned against you

whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more,

and to avoid whatever leads me to sin.

Our Savior Jesus Christ

suffered and died for us.

In his name, my God, have mercy.

*The Nicene Creed (used at mass)*

I believe in one God, the Father Almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God of God, Light of Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

*Mysteries of the Rosary*

Joyful Mysteries

1. The Annunciation.
2. The Visitation.
3. The Nativity.
4. The Presentation of Jesus at the Temple.
5. The Finding of the Child Jesus in the Temple.

Luminous Mysteries

1. The Baptism of Jesus.
2. The Wedding at Cana.
3. Jesus' Proclamation of the Kingdom of God.
4. The Transfiguration.
5. The Institution of the Eucharist.

Sorrowful Mysteries

1. The Agony in the Garden.
2. The Scourging at the Pillar.
3. The Crowning with Thorns.
4. The Carrying of the Cross.
5. The Crucifixion.

Glorious Mysteries

1. The Resurrection.
2. The Ascension.
3. The Descent of the Holy Spirit.
4. The Assumption of Mary.
5. The Coronation of Blessed Virgin Mary.

Traditional days of recitation of Rosary

- The Joyful Mysteries are recited on Mondays and Saturdays.
- The Luminous Mysteries are recited on Thursdays.
- The Sorrowful Mysteries, on Tuesdays and Fridays.
- The Glorious Mysteries, on Wednesdays and Sundays.

Magnificat (Canticle of Mary Luke 1: 46-55)

+My soul proclaims the greatness of the Lord  
my spirit rejoices in God my savior  
for he has looked with favor on his lowly servant.  
From this day all generations shall call me blessed  
the Almighty has done great things for me,  
and holy is God's name.  
He has mercy on those who fear him  
in every generation.  
He has shown the strength of his arm,  
he has scattered the proud in their conceit.  
He has cast down the mighty from their thrones  
and has lifted up the lowly.  
He has filled the hungry with good things,  
and the rich he has sent away empty.  
He has come to the help of his servant Israel  
for he has remembered his promise of mercy,  
the promise made to our ancestors  
to Abraham and his children forever.

Benedictus (Canticle of Zachary Luke 1:68-79)

Blessed be the Lord the God of Israel  
he has come to his people and set them free.  
He has raised up for us a mighty Savior,  
born of the house of his servant David.  
Through his holy prophets he promised of old  
that he would save us from our enemies,  
from the hands of all who hate us.  
He promised show mercy to our fathers,  
and to remember his holy covenant.  
This was the oath he swore to our father Abraham:  
to set us free from the hands of our enemies,  
free to worship him without fear,  
holy and righteous in his sight all the days of our life.

You, my child, shall be called the prophet of the Most High,  
for you will go before the Lord to prepare his way,  
to give his people knowledge of salvation  
by the forgiveness of their sins.  
In the tender compassion of our God  
the dawn from on high shall break upon us,

to shine on those who dwell in darkness and the shadow of death,  
and to guide our feet into the way of peace.

*Grace Before Meals*

Bless us O Lord and these thy gifts,  
Which we are about to receive from thy bounty,  
through Christ our Lord. Amen.

*Grace After Meals*

We give you thanks, almighty God,  
For these and all your gifts,  
Which we have received,  
Through Christ our Lord. Amen.

*Funeral Prayer*

Eternal rest grant unto her (him) O Lord  
And let perpetual light shine upon her (him).  
May her (his) soul and the souls of all the faithful departed  
Through the mercy of God, rest in peace. Amen.